

Glitter Bird Media Kit

Let's Work Together

Glitter Bird

Discovers Every Bird is Beautiful

Written by Angie Bird & Eva Vandenberg

Illustrated by Lillian Jones



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SYNOPSIS

Children's Book, Grades K-3

Have you ever felt that you weren't good enough or didn't fit in? It's natural to compare yourself to others.

We all find ourselves doing it.

But here's the secret: you are incomparable!

You are you—and that is enough. It's more than enough.

See your unique way of being as beautiful and amazing
—just like Glitter Bird does!



ABOUT AUTHORS

Angie Bird & Eva Vandenberg

Angie Bird and Eva Vandenberg are a mother/daughter duo who faced the challenge of bathroom bullies and decided to turn it into a story of a delightful myriad of birds. They love to travel, learn and share their inspiration with others. They hope you grow from your challenges and see yourself as beautiful and unique. Angie and Eva bird watch in Memphis, TN.

BOOK INFORMATION

Title: Glitter Bird: Discovers Every Bird is Beautiful

Publish Date: June 1, 2022

Trade Paperback ISBN: 978-1-956442-04-5

Format: Paperback

Available for purchase: Amazon, Barnes & Noble, Powell's, Bookshop.org, etc.

Publisher: Highlander Press Books

Illustrator: Lillian Jones

Cover Design & Layout: Catherine Williams

FREQUENTLY ASKED QUESTIONS

*Be your own way. Fly your own way. ~
Eva Vandenberg*

IN THE WORDS OF AUTHOR ANGIE BIRD

What made you and Eva want to write this book?

When my daughter Eva was in elementary school, she confided in me that a group of girls was bullying her. As I was helping Eva work through this issue, I was inspired to write a poem about how there are many different kinds of birds, and they are all beautiful in their way, and people are like that, too. I shared it with Eva because I wanted her to know that she is fantastic. I asked Eva if she wanted to share the message and work on turning it into a book.

Why is now the right time for this book?

We have all hurt someone and been hurt by someone. We need reminders from time to time about the beauty in our differences and about embracing our unique gifts and sharing them with the world. I want to support the practice of kindness, acceptance, inclusion, and giving grace to ourselves and others. To help build each other up even in the face of adversity.

What do you hope will be the impact of your book?

I want Eva to carry into her life the feeling that she can turn a difficult situation into something beautiful, and this is her life to create. I hope that children and adults who read this book will have lines and images from the story pop back into their heads and remember the beauty in differences. I also hope that each will build a list of ways they are unique and hold it close in their heart as a reminder in difficult moments.

How have your experiences prepared you to write this book?

I have struggled at times in my life with diminishing my worth based on other people's interactions with me versus knowing in my heart that I am amazing beyond measure. I went through a time of feeling suicidal and a difficult divorce. During this time, I came back to my maiden name of Bird. Glitter Bird is a play on what I want in my life moving forward...a reminder to embrace my own beauty and add more glitter to my life.

What did you learn about yourself as you wrote this book?

I feel like I have discovered one of my primary purposes, gifts, and passions in life. Writing Glitter Bird has been one of the most fun and exciting projects. I am supposed to be writing. I'm supposed to be taking complex subjects and helping people view them in a healing and uplifting way to bring more glitter into their own lives.

What was the most challenging part of writing and publishing this book?

Glitter Bird is my first book! There are many aspects to learn about creating a book. Then a children's book has an extra layer of complexity by taking concepts in your mind and bringing them alive in illustrations. Figuring out how to bring all of these pieces together was years in the making.